

**HEALTH ASSESSMENT/SPORTS PHYSICAL STATEMENT (HASPS)
for CYS SERVICES
ENROLLMENT, Renewal & SPORTS PHYSICAL Requirements**

Revised 08Jan 09

DATA REQUIRED BY THE PRIVACY ACT OF 1994

PRINCIPAL PURPOSE: Information is used by DA personnel to: (1) verify child health status of immunization per admission requirements; (2) note special program considerations or restriction on child participation; (3) execute emergency medical procedure for chronic illnesses/conditions; (4) refer child for enrollment in Exceptional Family Member Program; (5) certify physically fit to participate in sports. **ROUTINE USES:** No information is disclosed outside DOD. **DISCLOSURE:** Information is voluntary; however, if information is not provided, individuals may not be able to participate in community activities.

INSTRUCTIONS: All sections A, B, C. must be completed

PART: A Medical History (Filled out by parent / guardian)

| | | |
|-----------------------------|----------------|-------------------------|
| Name of Sponsor | Home Telephone | Duty/Work Telephone |
| | Cell Telephone | |
| Sponsor Unit / Work Address | | Spouse's Work Telephone |

CHILD HEALTH INFORMATION

| | | |
|---------------|------------|--|
| Name of Child | Birth Date | Sex <input type="checkbox"/> Male <input type="checkbox"/> Female |
|---------------|------------|--|

Does your child have ongoing medical concerns?
(If Yes, explain circumstances and current status)
 Yes No

Is your child enrolled in Exceptional Family Member Program?
(If Yes, explain)
 Yes No

MEDICAL HISTORY

| | YES | NO | | YES | NO |
|--|-----|----|---|-----|----|
| 1. Any hospitalization or operations | | | 14. Heat stroke or exhaustion | | |
| 2. Allergies to medicine, insect bites or food | | | 15. Broken bones or sprains | | |
| 3. Speech or development delays | | | 16. Joint injuries (Ankle/Knee/Wrist) | | |
| 4. Vision Problems (Glasses / Contacts) | | | 17. Required restricted physical activity | | |
| 5. Ear or hearing problems | | | 18. Diabetes | | |
| 6. Seizures or Convulsions | | | 19. Cancer | | |
| 7. Dizziness or fainting with exercise | | | 20. Dental or orthodontic braces | | |
| 8. Headaches | | | 21. Learning problems | | |
| 9. Head injury or loss of consciousness | | | 22. Sleep problems | | |
| 10. Neck or back injury | | | 23. Behavioral problems | | |
| 11. Asthma or difficulty breathing | | | 24. ADD / ADHD | | |
| 12. Heart or blood pressure problems | | | 25. Autism Spectrum Disorder | | |
| 13. Chest pain with exercise | | | 26. Other (please list below) | | |

If you answer yes to any of the above, please explain:

Ongoing Medications

| Name | Dosage | Frequency |
|------|--------|-----------|
| | | |
| | | |
| | | |

Allergies – All Types (Foods, Medicines and Insect Bites)

| Type | Reaction |
|------|----------|
| | |
| | |

| | | | | |
|--|---------------|---|----------------------------------|-------------------------------|
| PART B: Physical Exam | | | | |
| Medical Staff Assessment (Completed by licensed independent practitioner: Doctor-Dr., Nurse Practitioner-NP, Physician's Assistant-PA) | | | | |
| Age YRS | MOS | Height _____ cm. (____ %ile) | Weight _____ kgs. (____ %ile) | |
| BP: | / | Visual Acuity Right / | Left / | Tested with / without glasses |
| P: | | | | |
| | NORMAL | ABNORMAL | N / A | COMMENTS |
| 1. Eyes | | | | |
| 2. Ears, Nose & Throat | | | | |
| 3. Hearing | | | | |
| 4. Mouth & Teeth | | | | |
| 5. Neck (Soft tissues) | | | | |
| 6. Cardiovascular | | | | |
| 7. Chest & Lungs | | | | |
| 8. Abdomen | | | | |
| 9. Genitalia – Hernia | | | | |
| 10. Skin & Lymphatics | | | | |
| 11. Spine – Scoliosis | | | | |
| 12. Extremities | | | | |
| 13. Neurological | | | | |
| 14. Wears braces / plates | | | | |
| Based on this HX and PX exam, the following abnormalities were found and may need treatment: | | | | |
| Immunizations are current and up to date: <input type="checkbox"/> Yes <input type="checkbox"/> No | | | | |
| PARTICIPATION RECOMMENDATIONS | | | | |
| <input type="checkbox"/> All sports _____Yes _____ No | | <input type="checkbox"/> Normal physical activity to including PE | | |
| <input type="checkbox"/> Additional comments: | | <input type="checkbox"/> Restrictions: | | |

Sports Physical is valid for 1 year from date indicated below

| | | |
|---|--|--|
| PART C | | |
| Special Medical Considerations: Describe any special program needs, considerations or restrictions which the child requires in order to participate in CYS programs (to include Sports). | | |
| Child / Youth is able to participate in normal CYS programs? <input type="checkbox"/> Yes <input type="checkbox"/> No | | |
| Date | Licensed Health Care Professional Stamp | Licensed Health Care Professional; Dr., NP or PA Signature |
| Initial Date | Type or print name of Parent or Guardian | Signature of Parent or Guardian |

HASPS Renewal (Not Part of the Sports Physical)

| | | |
|-------------|--|---------------------------------|
| Year 2 Date | Health Status Changed | Signature of Parent or Guardian |
| | <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| Year 3 Date | Health Status Changed | Signature of Parent or Guardian |
| | <input type="checkbox"/> Yes <input type="checkbox"/> No | |